

2023 CANTERBURY COACHES INVITATIONAL MEET

Thursday 26th January - Sunday 29th January

Selwyn Aquatic Centre (25m Pool)

Over \$6700 of cash prizes up for grabs!

Thursday 26th January

Session 1: Warm Up 5:30pm; Start 6:00pm **Distance Freestyle Events**

Friday 27th January

Session 2: Warm Up 4:45pm; Start 5:30pm **50m Events**

Saturday 28th January

Session 3: Warm Up 8:30am; Start 9:15am **(13 & O Prelims)**

Session 4: Warm Up 1:00pm; Start 1:45pm **(12 & U Timed Finals)**

Session 5: Warm Up 4:00pm; Start 4:45pm **(13 & O Finals)**

Sunday 29th January

Session 6: Warm Up 8:30am; Start 9:15am **(13 & O Prelims)**

Session 7: Warm Up 1:00pm; Start 1:45pm **(12 & U Timed Finals)**

Session 8: Warm Up 4:00pm; Start 4:45pm **(13 & O Finals)**

(Note: Final timelines will be confirmed once entries have closed)

Technical Advisor – TBC

Meet Organiser – Dave Prattley

Officials Convenor - TBC



Sessions 4 and 7, 12 & U are SNZ Development Meets.
All other Sessions are Open Tier Meet, SNZ Designated Meets.

Conditions of Entry

1. All registered competitive and club swimmers are eligible to enter.
2. Para swimmers are eligible to compete at this meet and shall compete under IPC Swimming Rules.
3. Only Short Course times will be accepted for entry. No LC converted times accepted.
4. Age as at 26th January 2023
5. Entry Fees are: Individual Entry \$10.00.
6. Individual entries should be done online and close on Wednesday 11th January 2023 at midnight.
7. There will be no refunds on entry fees except as per the scratching rules.
8. Submission of entries constitutes acceptance of these Meet Rules and Conditions.
9. No late entries accepted.
10. Draft Psych Sheets, Entry Lists and Timelines will be posted on the SCWC website on Thursday 12th January. Please check names, entries and events are correct. Corrections will only be made to entries where errors have occurred. Final psych sheets, Team Entries and Timelines will be posted on the SCWC website on Tuesday 24th January
11. Any profit from the event will be held by the SCWC Senior Coaching Group and used to fund and promote competitive swimming within the SCWC region.

MEET RULES

General

1. The meet will be conducted under Swimming New Zealand's 'SNZ Regulations & By-Laws, FINA Rules' except where local meet rules and conditions apply. The SCWC Technical Suit Policy for swimmers 12 years and under will apply at this meet.
2. This is an Open Tier Meet and there are no qualifying times and "No Times" will be accepted
3. Session 1, 4 and 7 events will be swum as timed finals and swum mixed gender - seeded slowest to fastest and split into age groups for final placings.
Session 2 events will be swum as timed finals and swum single gender – seeded slowest to fastest and split into age groups for final placings.
4. Reseeding may be done at the discretion of the Technical Advisor and/or Referee.
5. Electronic timing will be used at this meet with 1 timekeeper per lane using 10 lanes.
6. Over the top starts will apply for individual events.
7. Protests shall be lodged as per SNZ Regulation 4 accompanied with the \$100.00 fee.
8. Entry into the pool for backstroke events shall be feet first. No swim back permitted.
9. Please exit the pool at the side. Do not swim over the lane ropes.
10. Cameras and Photography

SCWC and/or the host Club may take photos and videos may be taken during the meet: all spectators and athletes agree to allow photos, video and audio recording to be taken by an SCWC approved and/or accredited person to be used for any legitimate purposes by SCWC and/or the meet organisers. Any concerns should be directed to the meet organisers. Spectators agree upon entry that photographic, video or audio recording equipment is prohibited for any purpose, with the exclusion of personal cell phones. The meet organisers will, at their sole discretion, determine whether or not an item which could be used for the purposes of taking photos, video or audio recordings is permitted for use during the meet. Photos remain copyright of the approved/accredited person.

Scratching / Withdrawals

1. All event scratchings received before 5.00pm on Wednesday 25th of January will be refunded. There will be no refunds after this.
2. All scratchings for 13 & Over Finals must be submitted within 15 minutes of the preliminary session being completed.

Warm Up

1. As per Swimming Canterbury West Coast warm-up procedure guidelines.
2. Warm-up is the responsibility of the clubs, coaches and swimmers involved. Officials are not responsible for managing or controlling the warm-up procedures.



Marshalling

1. All events will be self-marshalling

Age Groups/Awards

1. All individual events except 200 Fly, 400m Free, 400m IM, 800m Free and 1500m Free will be resulted in the following age groups: 10 & U, 11-12, 13-14, 15-16 and 17 & O.
2. The 400m Free, 400m IM, 800m Free and 1500m Free events will be resulted 12-14, 15-16 and 17 & O
3. The 200 Fly will be resulted 12, 13-14, 15-16 and 17 & O
4. There will be no medals or ribbons for this meet.
5. There will be cash prizes awarded to the winners of each event in each age group as below.
6. Overall fastest 3 swimmers per event regardless of age group will win the overall cash prizes. This can be in addition to age group cash prizes.

50m / 100m / 200m Event Prizes			
Age	1 st	2 nd	3 rd
10 & U	\$7	\$5	\$3
11-12	\$7	\$5	\$3
13-14	\$12	\$8	\$5
15-16	\$15	\$10	\$8
17-18	\$15	\$10	\$8
Overall	\$20	\$15	\$10

200 Fly/400m / 800m / 1500m Event Prizes			
Age	1 st	2 nd	3 rd
12	\$7	\$5	\$3
12-14	\$12	\$8	\$5
15-16	\$15	\$10	\$8
17-18	\$15	\$10	\$8
Overall	\$20	\$15	\$10

SKINS

- 1 There will be 4 SKINS events – 12 & U, 13-15, 16-18 and Open.
- 2 Each Age Band, Male and Female SKINS will be swum consecutively on a total of 3 minute send off with the athletes being eliminated after each swim as follows:
Round 1 – 3 athletes eliminated
Round 2 – 2 athletes eliminated
Round 3 – 1 athlete eliminated
Round 4 – 1 athlete eliminated
Round 5 – 1 athlete eliminated
Round 6 – Final (2 athletes remain)
- 3 In the event of a dead heat (2 or more swimmers) for the last place position, these swimmers will continue onto the next round where an additional athlete will be eliminated as per the table. In the event of a dead heat in the final, prize money will be split evenly.
- 4 SKINS finalists will be determined by the combined 4 x 50m event results using the standard Coaches Points Table. In the case of equal 10th place points, the athlete with the lowest SCWC points on any 50m event will be the first alternate.
- 5 Open SKINS are the Top 10 Female and Male across all age groups. Athletes can compete in both Age Group and Open SKINS events.
- 6 Strokes for each round will be randomly drawn by the organisers from the following strokes
Fly, Back, Breast, Free, Fly/Bk, Bk/Br, Br/Fr, Fr/Fly
- 7 All withdrawals for the SKINS Finals need to be submitted to the control desk no more than 15 minutes after the completion of event 10 on Friday the 27th of January 2023

The Male and Female Skins Competitions will receive prize-money as follows:

Skins Event Prizes					
Age	1 st	2 nd	3 rd	4 th	5 th – 10 th
12 & U	\$60	\$30	\$20	\$15	\$10
13-15	\$80	\$40	\$30	\$25	\$15
16-18	\$100	\$50	\$40	\$30	\$20
Open	\$150	\$75	\$50	\$40	\$30





Thursday 26 th January	Friday 27 th January
Session 1	Session 2
12 & Over Timed Finals	Open Timed Finals
Warm Up: 5:30pm Start: 6:00pm	Warm Up: 4:45pm Start: 5:30pm
1. Mixed 12 & O 800 Freestyle 2. Mixed 12 & O 1500 Freestyle	3. Female 50 Butterfly 4. Male 50 Butterfly 5. Female 50 Backstroke 6. Male 50 Backstroke 7. Female 50 Breaststroke 8. Male 50 Breaststroke 9. Female 50 Freestyle 10. Male 50 Freestyle



Saturday 28 th January	Saturday 28 th January	Saturday 28 th January
Session 3	Session 4	Session 5
13 & Over Prelims	12 & Under Timed Finals	13 & Over Finals
Warm Up: 8:30am Start: 9:15am	Warm Up: 1:00pm Start: 1:45pm	Warm Up: 4:00pm Start: 4:45pm
11. Female 12 & O 400 IM (Fastest 10 athletes racing in Session 5) 12. Male 12 & O 400 IM (Fastest 10 athletes racing in Session 5) 13. Female 13 & O 200 Freestyle Prelim 14. Male 13 & O 200 Freestyle Prelim 15. Female 13 & O 100 Butterfly Prelim 16. Male 13 & O 100 Butterfly Prelim 17. Female 13 & O 200 Breaststroke Prelim 18. Male 13 & O 200 Breaststroke Prelim 19. Female 13 & O 100 Backstroke Prelim 20. Male 13 & O 100 Backstroke Prelim 21. Female 13 & O 200 IM Prelim 22. Male 13 & O 200 IM Prelim	23. Mixed 12 & U 200 Freestyle 24. Mixed 12 & U 100 Butterfly 25. Mixed 12 & U 200 Breaststroke 26. Mixed 12 & U 100 Backstroke 27. Mixed 12 & U 200 IM 101. Female 12 & U SKINS Finals 102. Male 12 & U SKINS Finals	11. Female 12 & O 400 IM (Fastest 10 Final) 12. Male 12 & O 400 IM (Fastest 10 Final) 13. Female 13 & O 200 Freestyle Finals 14. Male 13 & O 200 Freestyle Finals 15. Female 13 & O 100 Butterfly Finals 16. Male 13 & O 100 Butterfly Finals 17. Female 13 & O 200 Breaststroke Finals 18. Male 13 & O 200 Breaststroke Finals 19. Female 13 & O 100 Backstroke Finals 20. Male 13 & O 100 Backstroke Finals 21. Female 13 & O 200 IM Finals 22. Male 13 & O 200 IM Finals 103 Female 16-18 SKINS Finals 104 Male 16-18 SKINS Finals



Sunday 29 th January	Sunday 29 th January	Sunday 29 th January
Session 6	Session 7	Session 8
13 & Over Prelims	12 & Under Timed Finals	13 & Over Finals
Warm Up: 8:30am Start: 9:15am	Warm Up: 1:00pm Start: 1:45pm	Warm Up: 4:00pm Start: 4:45pm
28. Female 12 & O 400 Free (Fastest 10 athletes racing in Session 8) 29. Male 12 & O 400 Free (Fastest 10 athletes racing in Session 8) 30. Female 13 & O 100 Breaststroke Prelim 31. Male 13 & O 100 Breaststroke Prelim 32. Female 13 & O 200 Butterfly Prelim 33. Male 13 & O 200 Butterfly Prelim 34. Female 13 & O 100 Freestyle Prelim 35. Male 13 & O 100 Freestyle Prelim 36. Female 13 & O 200 Backstroke Prelim 37. Male 13 & O 200 Backstroke Prelim 105 Female 13-15 SKINS Finals 106 Male 13-15 SKINS Finals	38. Mixed 12 & U 100 Breaststroke 39. Mixed 12 years 200 Butterfly 40. Mixed 12 & U 100 Freestyle 41. Mixed 12 & U 200 Backstroke 42. Mixed 12 & U 100 IM	28. Female 12 & O 400 Freestyle (Fastest 10 Final) 29. Male 12 & O 400 Freestyle (Fastest 10 Final) 30. Female 13 & O 100 Breaststroke Finals 31. Male 13 & O 100 Breaststroke Finals 32. Female 13 & O 200 Butterfly Finals 33. Male 13 & O 200 Butterfly Finals 34. Female 13 & O 100 Freestyle Finals 35. Male 13 & O 100 Freestyle Finals 36. Female 13 & O 200 Backstroke Finals 37. Male 13 & O 200 Backstroke Finals 107 Female Open SKINS Finals 108 Male Open SKINS Finals